

How to make a plan to look after the planet and Disabled people



About climate change



Climate change means our planet is getting dangerously hot. This is making lots of problems.



Climate change is happening because people use dirty fuels like oil and gas.



People need to use less dirty fuels to stop climate change.



This means we need lots of changes so it's easy for people to look after the planet. For example we need better buses. Then some people can take the bus more.

Climate change and Disabled people (Climate change means our planet is getting dangerously hot.)



Climate change can be worse for some Disabled people. For example some people find they feel a lot worse when the weather gets very hot.



Some actions to look after the planet can also make things harder for Disabled people. For example if it is harder to drive.



Disabled people must be part of the changes happening to look after the planet.



That means we can make plans that are good for Disabled people. That will make the changes more fair.

Making a plan



A good way to include Disabled people in the changes is to make a community climate action plan.



A community climate action plan is a plan that says how to make changes in a way that is good for the planet and people.



It is written by a community to say what work they will do to look after the planet.



It also says what work they want other people to do.

What does a community climate action plan look like?

(A community climate action plan is a plan that says how to make change in a way that is good for the planet and people.)



The plan is a booklet.



Each part looks at a different part of life. For example it has a part on transport, a part on jobs and a part on keeping homes warm.



In each part is a list of ideas that Disabled people want to see happen.



For example in the transport part it could say there should be better buses.

Who should write a plan and why?



The work should be done by a group that is run by Disabled people.



The group needs to work for all Disabled people. For example it cannot be a group that just looks after blind people.



Making a plan is good for these groups. It can help them get more money.



The plan can get more non disabled people to care about the needs of Disabled people.

Before you start



Before you start to make the plan you will need money. This will pay for people to do the work.



You will need a Disabled person to lead the project.



You might need to hire someone.



It also helps to have support from local politicians. A politician is someone who has power to decide what happens to the city or country.

Co-production



The plan should be made with co-production. Co-production is when ordinary people make something together.



Co-production is when ordinary people are given power to make decisions about the project.



You will need a group of Disabled people to be on a steering group. A steering group is a group of ordinary people who say how a project should run.



One person called a facilitator runs the meetings. A facilitator is someone who makes sure everyone is listened to.

What to say to Disabled people about climate change

(Climate change means our planet is getting dangerously hot.)



Disabled people have often been left out of conversations about climate change.



This means some Disabled people won't want to talk to you about climate change.



It is best to talk to people about the things they care about. Then show them how taking action on those things is also important for looking after the planet.



For example you can talk about how looking after the planet means we need better buses. Lots of Disabled people want better buses.

Ways to start conversations



Give people lots of different ways to talk to you.



Some people will like a survey to tell you what they think.



Some people will like to talk to you on a stall. You could have it somewhere like a hospital.



Some people will like to do a creative activity to tell you what they think.

Writing the Plan



Start writing the plan by writing down everyone's ideas.



You can then get your steering group to read the ideas. (A steering group is a group of ordinary people who say how a project should run.) They will say what needs to be added or changed.



Then run an event about what is in the plan. This means other people have a chance to say if any ideas are missing.



The steering group then checks the plan one last time. They say when the plan is finished.



Sharing the plan

Once you have made the plan you need to tell people about it.



You can start by having a party called a launch. People will come to the party to hear about the plan.



It is a good idea to talk to local politicians about the plan. Ask them to do the actions in the plan. (A politician is someone who has power to decide what happens to the city or country.)



You can also share the plan with groups who look after the planet. They can help you.



About this guide

This book was written in May 2025.



This booklet was made by a project called the Community Climate Action Project run by Bristol Climate & Nature Partnership. It was helped by Sensing Climate.



The Community Climate Action Project helped lots of communities to make plans to look after the planet. The work was done in Bristol.



Sensing Climate is a project run by the University of Exeter. It is finding out how to make looking after the planet more fair for Disabled people.



You can talk to us by emailing
contact@bristolclimatenature.org